

Lighten up!

AWARD-WINNING HAIRDRESSER **EMMA STEVEN** PREDICTS A LIGHTER, MORE EFFORTLESS APPROACH FOR SPRING

As we head into spring, things are getting altogether lighter and brighter on the hair front. Blondes are certainly back, and there's a natural, playful element when it comes to styling.

Colours

Emma says: "This season it's all about supercharged blondes; think lighter, brighter and whiter than ever before and dare to be a bit bolder in your choices. I'm particularly loving the really clean snow white to silver grey hues combined with pastel shades - particularly a bit of a minty green for those who really want to stand out from the crowd."



Styles

Emma says: "For SS18 braids are back with a vengeance; there are so many ways to wear braids, from leaving hair down and braiding tiny pieces to braiding the front of a pony tail and leaving the ends loose or braiding fringes to sweep across the forehead - it's all about adding a bit of structure, shape and definition and putting in that extra bit of detail.

"A quick style trick is to plait wet hair from cheekbone level down and leave it overnight then run the straighteners over it in the morning to create a crinkly, mermaid-style wave."



Cuts

Emma says: "Things are definitely looking more natural this season; we're adding volume with choppy layers and natural curls, and using the natural texture of the hair to create the look. Keep things simple by ditching the heat styling - no more daily usage of straighteners or rollers - and instead creating shape and gloss with a blow dry and brush.

"Fringes are also making their way back, but rather than blunt or side-swept, we're looking at choppy pieces of fringing just to frame the face."



Find Emma Steven at Browns Art Team, Sutton Coldfield.
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